



Future important dates:

September 30	NO SCHOOL
October 1	Blood Drive 2-6pm
October 3	We Wear Caps Day
October 4	Spirit Wear Day
October 10	PTO Meeting 6-7pm
October 11	First Quarter Ends

Interview with Mr. Deckerd by Justice Clark

Q: What made you want to become a superintendent?

A: I like the business side and dealing with money. I also love being a positive impact on faculty, staff, and students.

Q: What made you want to become a superintendent at Nell Holcomb specifically?

A: Well, I started at Jackson, and it was a pretty big school. I couldn't really form relationships with the students or get to know them as well as I can at Nell Holcomb. I also just like smaller schools.

Q: How do you like or how have you adjusted to our school as the new superintendent?

A: I think things are going well. I'm getting to know some of the students, and everyone has made me feel very much welcomed.

Q: What did you do before becoming a superintendent?

A: I was a fifth-grade teacher at Jackson Middle School and Altenburg.

Q: What do you normally do during school hours?

A: I help Mr. Wortmann with decisions about students and staff, issues with students, I help with the budget, and I also help Corporal Vangennip with keeping our school safe.

Q: Where are you from?

A: I'm from Frohna, Missouri, where I live with my wife and three children.

Q: Do you plan on continuing to be the superintendent at Nell Holcomb?

A: Yes, I plan on staying here for a while. I plan to retire in 9 years.

Newspaper Staff

Emma Kerr, Luke Richey, Kaden Pruitt, Taylor Rice, Ashton Garagnani, Kayla Wybert, Ian Weber, Chelsie Johnson, Justice Clark.

(not pictured : Cadence Probst)

September Editor: Ian Weber

Newspaper sponsor: Mrs. H.



NELL HOLCOMB BETA CLUB by Luke Richey

The Nell Holcomb BETA Club is off to a great start in 2019! This year, the club features twenty-seven Jr. High students and eight elementary students.

This past summer was the 2019 National Convention in Oklahoma City. Nell Holcomb had twenty-five students attend and brought home five awards. These include: 5th place in Elementary Living Literature, a 7th place in Elementary Visual Arts by Shelby Prokopf, and 9th place in 4th-grade Science. John Dickerson also won 5th in fifth-grade math, and Mark Richey took home 9th in 5th-grade Social Studies.

Nell Holcomb BETA started off the year with its first meeting. We focused on the upcoming Bake Sale at Egypt Mills Fall Festival. At the bake sale, the Nell Holcomb BETA Club raised almost \$700 in profits. We would like to thank Egypt Mills Home Decor and More for allowing us to fundraise. Also, a big thank you to all of the people who donated and helped with the bake sale.

On September 13th, all helped out the PTO with Grandparents Day. BETAs helped direct our guests and served refreshments. Also, BETAs helped clean up after the day's activities.

The BETA Leadership Summit is on October 2nd-3rd, 2019. It takes place at Southeast Missouri State University. The summit focuses on BETAs growth as people and leaders. It also teaches values, and doing what is right. The summit highlights good character and helps BETAs connect with new people. There are many fun activities that help students practice teamwork and leadership skills.

This year's state convention will be held on December 4th-5th, 2019, at University Plaza Hotel and Springfield Expo Center in Springfield, Missouri.

Please remember that service logs are due by the end of the semester. Each BETA will be required to serve six hours at school or in the community. If you need a replacement service log, please ask Mrs. Strack or Mrs. Krieger.

The Nell Holcomb BETA Club is excited to start off the year and get to work serving our school and community.

Mystery Student and Teacher by Luke Richey

This mystery teacher's favorite color is green. They enjoy the outdoors, and their favorite things to do outside are to hunt and fish. This teacher enjoys spending time with their family. Their favorite sport is baseball, and they have one brother. Their favorite subject in school was PE, and they've taught at Nell Holcomb for 14 years. Can you guess who it is?

The mystery student enjoys sports. Their favorite color is green. They enjoy playing basketball and have two sisters. Their favorite subject in school is science. Their favorite animal is a hedgehog, and April Henry is their favorite author. Can you guess who it is?

Answers are on the Fun Page!

VOLLEYBALL by Kayla Wybert

Volleyball has started at NHS and the girls have been practicing every Tuesday and Thursday from 3 until 5. I was given the opportunity to interview the head coach Ms. Megan Brock. Ms. Brock's mother and brother are assisting practice, and Ms. Brock's father is the scorekeeper. In total, there are 31 players between the A, B, and C teams. Ms. Brock said that she hopes that boys' volleyball will start sometime in February. She also said that during practice she notices that the girls are improving a lot. Since the pep rally was canceled, it was moved to the end of the season. At the pep rally, the two teams that will play are A team and B team. The goal for positions is passing, hitting, and setting. The goal is to bump, set, spike, this is also known as 'peppering'. The games usually last about an hour with about 3 sets. The best two out of three games wins. We're excited to see where this season goes. Thank you to Mr. Decker and PTO for providing a new net, balls, and referee stand. Good luck girls and have a great rest of the season!

Enlightening Facts About Juice

ACCORDING TO THE AMERICAN ACADEMY OF PEDIATRICS (AAP):

- Fruit juice offers no nutritional benefits for infants younger than 6 months.
- Fruit juice offers no nutritional benefits over whole fruit for infants older than 6 months and children.
- Fruit “drinks” are not nutritionally equivalent to fruit “juice” (see below).
- Fruit juice is NOT appropriate in treating dehydration or diarrhea.
- Excessive juice consumption may be associated with malnutrition.
- Excessive juice consumption may be associated with diarrhea, flatulence, abdominal distention, and tooth decay.
- Calcium-fortified juices do provide calcium, but lack other nutrients present in breast milk, formula, or cow’s milk.

RECOMMENDATIONS :

- If you decide to give your child juice, it is recommended that you do not introduce it until your infant is twelve months old.
- Serve juice in open cups, not bottles or “sippy” cups that allow children to consume juice easily throughout the day.
- Offer and encourage children to eat whole fruit instead of juice. They will get all the great fiber of the whole fruit and feel more full than with drinking juice.
- Serve only pasteurized juices.
- Choose 100% juice instead of fruit “drinks,” which, by definition, could contain between 10% and 99% juice and most likely contain added sweeteners and flavors.
- Younger children aged 1 to 6 years should have only 4-6 ounces of juice a day, if any at all.
- Older children should be limited to 8-12 ounces of juice a day, if any at all.

Taken from the American Academy of Pediatrics Committee on Nutrition

Check out how much sugar is in some popular
(and marketed towards children) juice & juice drinks:

**One Teaspoon equals 4.2 grams of sugar.*

Beverage	Sugar Grams per Serving	Teaspoons of Sugar*
Sunny D® Baja Orange Drink	43g	10 ^{1/4}
Capri Sun® Red Berry Drink	25g	6
Apple & Eve® Bert & Ernie Berry 100% Juice	13g	3
Earth's Best® Strawberry Pear 100% Juice	11g	2 ^{2/3}
Water	0g	0

Rule of Thumb:
You are better off giving
your children fruit
instead of fruit juice.



5210
LET'S GO!

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8/07/2010

CHEERLEADING by Justice Clark

Here is a quick cheer update! This year's 2019-2020 girls cheerleading team is Justice Clark, Jalah Clark, Kylie Dewrock, Maggie Gibbs, Claire Gibbs, Corryah Goodin, Brooklyn Hawkins, Lilly Miller, Taylor Rice, Janell Windeknecht, and Kayla Wybert. There were no tryouts this year, but all the girls still met the qualifications for being an NHS Cheerleader. To be a NHS Cheerleader you have to stay out of trouble, get good grades, be leaders, and be role models to the younger students. The girls will soon start games, and it should be an awesome year!

Fishing Club by Ian Weber

It's that time of year again! Fishing Club has started up again at Nell Holcomb. Fishing Club is sponsored by the Missouri Department of Conservation. Grades 4-8 can be in Fishing Club. If you are in 4-5 grade, you do need a parent with you. It runs on Tuesdays from 3:00 until 5:00 at the Foeste's Pond by Nell Holcomb. There are currently about twenty-five people in Fishing Club right now. However, signups are still available anytime if you are interested. Materials are also provided, but you can bring your own if wanted. Fishing Club is currently being run by Mr. Stoverink. He says this is "a good opportunity for kids to get outside" and to "teach them about nature." Mr. Stoverink decided to start this club a while back after seeing an article in the Missouri Conservationist about Jackson Middle School starting up their own Fishing Club. With the help of a science teacher at Jackson, and the Missouri Department of Conservation, Mr. Stoverink was able to get a fishing club at Nell Holcomb. He says this is a "good way for kids to do something other than playing video games". So, if you are in 4-8 grade and are interested, be sure to ask Mr. Stoverink for a form.

Youth Coding League by Ashton Garagnani

Another new club which has come to Nell Holcomb is the Youth Coding League (now, technically, it isn't new for 5th and 6th graders, but it is new to the 7th and 8th graders). It is a school-wide organization run by the Marquette Technology Institute (MTi), teaching children the wonders of coding. Youth Coding League(YCL) is split up into two categories, which are individual and team. When you are participating in YCL, you are judged based on 6 categories. These categories are Agility, Awareness, Endurance, Experience, Intellect, and Speed. If you score high enough you can win prizes like money or Chromebooks. Even if you don't win anything, you will still gain a lot of experience and have fun, and even if you don't like coding, it is still something neat to check out. To quote Mrs. Lynn, "The way coding makes the brain think stretches in ways you never thought possible. It's hard work, but the outcome is very rewarding."

Basketball Season by Kaden Pruitt

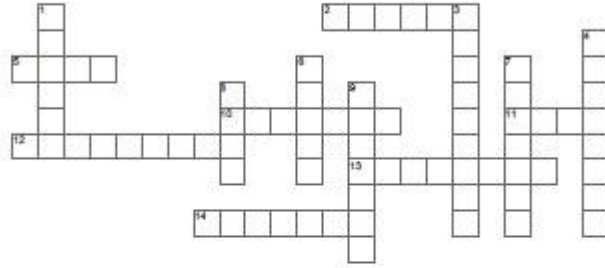
Boys basketball season is just around the corner. I asked Coach Winkler a few questions about it, and here it is. Coach is planning on handing out basketball information as soon as he gets an idea of who will play. Practices will begin near the end of September or the beginning of October. This year, we have new uniforms. Coach told me that they seem like they will fit much better than the other ones, and the colors are far brighter. The PTO generously provided the money to get them. Thank you PTO! When I asked Coach if he is planning on trying to teach us new plays, he said he is planning on teaching 7th and 8th grade better offense. Last year, there were too many players standing still and not knowing what to do. We don't have much height in 8th grade, and 7th grade lost some height when Lee Ivy moved over the summer. Since we don't have much height, then we will have to make a greater effort to block out well against taller teams. We will need to be competitive and have people step up offensively.

For this season, players will need to try very hard. It will be fun, though. I don't know about you, but I definitely am excited for this season!

Fun Page

Riddles:

- Q1: Why do dragons sleep during the day?
 Q2: What is the capital of Washington?
 Q3: If athletes get athlete's foot, what do elves get?
 Q4: Why are ghosts bad at lying?



ACROSS

2. What falls from a tree in Autumn.
5. Another name for Autumn
10. Another Autumn month
11. You can gather fallen leaves with this
12. First month of Autumn
13. A small rodent
14. You can use it to make a pie or for carving

DOWN

1. This color can be made from yellow and red
3. Scares crows from fields
4. Last month of Autumn
6. Fruit of the oak tree
7. To reap or gather
8. Vegetable that grows in stalks
9. Spring, summer, fall, winter are the four

SCARECROW	NOVEMBER	OCTOBER	ACORN
CORN	RAKE	SQUIRREL	ORANGE
SEPTEMBER	HARVEST	LEAVES	SEASONS
PUMPKIN	FALL		



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Mystery Student and Teacher Answers: Mr. Campbell, Claire Gibbs
 Riddles: A1: So they can fight knights, A2: The W, A3: Mistle-
 toes, A4: Cause you can see right through them.

NHS Birthdays

August	September	October
2 Josie Blair	1 Marley Biri	1 Lillyan Conklin
2 Jaselyn Blair	1 Liam Schmidt	2 Kora Young
2 Gracie Blair	3 Jasini James	4 Presley Stephens
3 Andrew Yarbro	4 Tyler Craig	4 Felicity Lee
7 Aspen Dewrock	4 Michael Hager Jr.	5 Paola Gonzalez
7 Evan Farrow	4 JaKylynn Harvey	5 Tomas Sosa
8 Jace Kirchhoff	5 Charlotte Stovall	7 Kylie Craiglow
9 Alton Clark	9 Joshua Reeves	7 Tess Merritt
10 Jaiden Weaver	11 Emma Kerr	10 Jaxstyn Hale
12 Brayden Riehl	11 Hayden Schenimann	12 Emma Dean
14 Kinley Vines	12 Dylan Craig	13 Jonathan Dockins
18 Taylor McClure	12 Tamari Nunley	15 Briana Swan
19 Eli Craiglow	13 Timothy Vails	18 Liam Biri
24 Luke Richey	17 Layci Woods	18 Drake Ford
24 Ally Vandeven	17 Remington Oliver	22 Levi Monroe
24 Luca Sosa	19 Calob Blair	24 Kaden Pruitt
25 Hayden Hale	20 Dixie Oliver	24 Arianna Milner
26 Kaelin Flath	24 McKinley Campbell	24 Isabella Barton
26 Allison Langston	26 Ayden Crossen	27 Kailey Tiemann
26 Audrey Wildman	27 Mark Burgard	30 Shaylee Mathes
28 Cooper Watson	27 Chevy Chapman	
28 Mikey Bragg	28 Jacob Seay	
28 Landry Seay	28 Kenadi Blackmon	
	29 Ireland Hunter	
	30 Paige Rice	
	30 Jazmyn Brown	

